






Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 – 11:00	On The Wireless	On The Wireless	On The Wireless	On The Wireless	On The Wireless	On The Wireless	On The Wireless
11:00 – 12:00	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox
12:00 – 13:00	The Daily Tonic LIVE	The Daily Tonic LIVE	The Daily Tonic LIVE	The Daily Tonic LIVE	The Daily Tonic LIVE	The Daily Tonic BEST BITS	The Daily Tonic BEST BITS
13:00 – 15:00	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox
15:00 – 16:00	On The Wireless 2	On The Wireless 2	On The Wireless 2	On The Wireless 2	On The Wireless 2	On The Wireless 2	On The Wireless 2
16:00 – 17:00	At The Musicals	At The Musicals	At The Musicals	At The Musicals	At The Musicals	At The Musicals	At The Musicals
17:00 – 18:00	The Daily Tonic (Repeat)	The Daily Tonic (Repeat)	The Daily Tonic (Repeat)	The Daily Tonic (Repeat)	The Daily Tonic (Repeat)	The Daily Tonic BEST BITS	The Daily Tonic BEST BITS
18:00 – 21:00	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox
21:00 – 22:00	Weekday Wind-down	Weekday Wind-down	Weekday Wind-down	Weekday Wind-down	Weekday Wind-down	Weekday Wind-down	Weekday Wind-down
22:00 – 23:00	The Daily Tonic (2 <sup>nd</sup> repeat)	The Daily Tonic (2 <sup>nd</sup> repeat)	The Daily Tonic (2 <sup>nd</sup> repeat)	The Daily Tonic (2 <sup>nd</sup> repeat)	The Daily Tonic (2 <sup>nd</sup> repeat)	The Daily Tonic BEST BITS	The Daily Tonic BEST BITS
23:00 – 10:00	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox	Memory Jukebox

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	<p><b>On The Wireless – Dementia Friendly Audio (DFA)</b></p> <p>On The Wireless is a special dementia friendly audio (DFA) programme which takes a look back at home life, fashion, music and popular culture of each year since 1945 – 65, warmly presented by Ashley Franklin.</p>
	<p><b>Memory Jukebox</b></p> <p>Packed full of the greatest hits from 1930's to the late 1970's, our Memory Jukebox is aimed to bring comfort music to your ears!</p>
	<p><b>The Daily Tonic - LIVE</b></p> <p>A LIVE topical, daily programme presented by Ashley Franklin or Fliss Goldsmith, bringing you smiles, stories, brain teasers and great music and memories!</p>
	<p><b>At The Musicals</b></p> <p>We have curated the very best music from the musicals for our listeners to sing along to! We're sure this will spark wonderful memories, lift your mood and who knows, maybe a little dance!</p>
	<p><b>Weekday Wind-down</b></p> <p>Our weekday wind-down programme consists of the very best in smooth classical music to help our listeners relax and unwind late in the evening.</p>